

Dare to Care

BOXING FOR PEACE

(Inner) peace through boxing
No violence & no drugs

Vision What hits Works

Mission Dare to Care

What it is

- A Peace via Dialogue project aiming at (personal) growth through (inner) peace
- We offer workshops fostering a culture of compassionate communication, for (inner) peace, against (verbal) violence, for a fit body & soul
- We aim at giving you new perspectives, threefold
 - Freeing yourself from what keeps you from living your dreams
 - Letting you see yourself in the mirror
 - Giving you a lifetime experience

How it works

- **Intake** – we talk about your wish / need / vision what to achieve & agree about your donation
- **'Make or Buy'** – we decide with you about the team, working together with a local boxer or with one of us
- **Theme & Approach** – we design the workshop with you, suggesting a theme and approach (based on the intake)
- **The workshop** – the event will be organised and executed by us, invitees are selected & invited by yourself
- **Evaluation & Appraisal** – after the event we evaluate and make up the balance of giving & giving

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