

Dare to Care

BOXING FOR PEACE

(Inner) peace through boxing
No violence & no drugs

Vision – #WhathitsWorks

Mission – #DaretoCare

What it is

- ➔ We aim at (personal) growth through (inner) peace
- ➔ We foster a culture of compassionate communication, for (inner) peace, against (verbal) violence, for a fit body & soul. We aim at giving you new perspectives, threefold
 - Freeing you from what keeps you from living your dreams
 - Letting you see yourself in the mirror
 - Giving you a lifetime experience
- ➔ Related to **#PeaceviaDialogue**, a program offered by Van Wijk Consult (dialogue events for peace building, empowerment, raising consciousness & getting inspired, sports coaching, - events, - workshops and – training for peace building and (physical) empowerment)

How it works

- **Intake** – we talk about your wish / need / vision to achieve, the cost and the value it can have
- **'Make or Buy'** – we make the workshop together, work with a local boxer, or we bring one extra ourselves
- **Theme & Approach** – together with you we prepare the workshop, 'custom made'
- **B4P Workshop** – the event will be planned, organised and executed. Invitees are selected & invited by yourself
- **Evaluation & Appraisal** – after the event we evaluate and make up the balance of giving & giving

More information: www.vanwijkconsult.com

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